



# COOK VALLEY ESTATES

Freedom, fun, friends.



**Brio**

LIVING SERVICES

Formerly known as  
UMRC & Porter Hills

# Cook Valley Estates

This is what retirement is meant to be.

At Cook Valley Estates, we understand that you've worked hard to create your current lifestyle. We are dedicated to helping preserve, and even enhance, all that you have attained so you can relax and enjoy retirement.

Nestled in a wooded, park-like section of Grand Rapids, Cook Valley Estates offers virtually maintenance-free living and a wide variety of exceptional services and amenities. Our serene community is conveniently located just minutes away from the area's best shopping and dining, grocery stores, top-notch medical facilities and the airport. Residents enjoy flexibility in their lifestyle to travel, work and enjoy family.

*"We're thrilled with our large, modern, maintenance-free apartment. We like the wide variety of activities offered, the congenial neighbors, and knowing that we have easy access to health care services if we ever need them. My wife calls me 'the man with a plan', and we both agree that Cook Valley Estates is fulfilling that plan!"*

- Resident

Trusted experts serving seniors with grace.





Choose the life you want.

### **Apartments**

One and two-bedroom luxury apartments offer a spacious living area with a large bay window, master bedroom suite, and a four season sun room. Our heated garage provides a private parking space for each apartment.

### **Town Homes**

Our duplex style homes are adjacent to the Saddlebag Wetlands near the front of the campus, and boast spacious floor plans, two-car garages, decks, and a finished lower level. Sun rooms provide a four-season view of the campus' stunning natural beauty.

### **Estate Homes**

These freestanding residences deliver all the benefits of a single-family home with none of the hassle. A variety of bedroom, bathroom and square footage configurations are available.

### **Life Lease**

All residences are offered under a life lease entrance fee model. Life Lease residents own a leasehold interest through a contract with Brio Living Services. For more information, please contact our Sales Consultant at 616.464.2675.

[www.CookValleyEstates.org](http://www.CookValleyEstates.org)



# Community services & amenities

## Service Package includes:

- Bi-weekly housekeeping
- \$200 monthly on-site dining allowance
- Maintenance of interior including all appliances, furnace, air conditioner and hot water heater
- Maintenance of exterior including landscaping and grounds
- Underground heated parking for the apartments
- 24/7 security
- All utilities, including heating, cooling, electric, water, sewer
- Comcast cable and personal Wi-Fi internet
- Walking paths throughout manicured grounds and wetlands
- Emergency response
- Driveway, road and walkway snow removal
- Trash collection and recycling
- Hazard insurance
- Road maintenance and upkeep

## On-site Services

- Harbor Café & Marketplace
- The Hairitage Salon
- Scheduled shuttle service

## Access to shared living space including:

- Meijer-Hadley Wellness Center and therapy pool
- Library & technology center
- Game room
- Multipurpose room
- Art studio
- Lounges
- Dining rooms
- Gardening room
- Hobby shop





## Medical Services

For your convenience, Cook Valley Estates has a physician's clinic and hearing clinic located in the main building. Our physicians have specialized training and certification in geriatric medicine giving you personal care without having to leave the campus.

## Spiritual Programs

A variety of spiritual opportunities and services are available for residents. These services are coordinated by our chaplains who are also available for personal spiritual counsel and to assist residents in connecting with local churches if desired.

## Available billable services:

- Individualized maintenance services
- Business and personal office services
- Guest rooms
- Additional parking
- Social events

## Resident responsibilities:

- Telephone
- Property taxes
- Content insurance
- Personal transportation

## What Our Residents Say...

"The time to get into a continuing care community is when you're still young enough to enjoy it. Now that I've moved to Cook Valley Estates, I have the freedom to pursue my interests - and the security of knowing that help is available if needed."

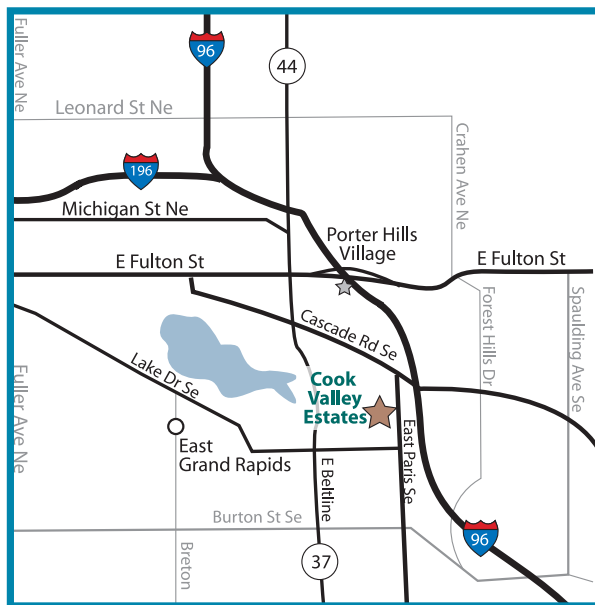
# Community benefits

## Social, Educational and Recreational Programs

- Cultural and educational programs provided on campus
- Shopping trips and a variety of community social and cultural events
- Rewarding and engaging volunteer opportunities
- On-site wellness and fitness activities

## Coordinated Care

Cook Valley Estates residents who need follow-up care after a hospital stay receive personal assistance in coordinating services such as home health care, rehabilitation therapy and skilled nursing care.



## Convenient Location

Cook Valley Estates is conveniently located on East Paris Avenue between Cascade Road and Lake Drive and is close to shopping, restaurants, entertainment, churches and medical offices.





## Priority List

Although your plans to move may not be immediate, becoming a Priority List member will secure your place and identify your choices for residency. An approved application will allow you to take advantage of many benefits such as participation in community events, priority access and coordination of care, and use of the Meijer-Hadley Wellness Center and therapy pool.

If you've been looking for a smart investment in your future, you will find it at Cook Valley Estates. Not only are there financial benefits compared to maintaining your own home, but you can be assured of a greater sense of security and stability throughout your retirement years.

### **Come see for yourself.**

There are many additional benefits to living at Cook Valley Estates and we invite you to come visit our community of friends and family. The earlier you begin planning your retirement, the more choices you have.

Call today to schedule a personal visit and tour with the option to join us for a complimentary lunch prepared by our exceptional culinary team!

**616.464.2675**

### What Our Residents Say...

"We knew we wanted to travel in our retirement. At Cook Valley Estates, we don't have to worry about leaving our home unattended - there's 24/7 security. And we're so close to the airport!"

[www.CookValleyEstates.org](http://www.CookValleyEstates.org)

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[www.CookValleyEstates.org](http://www.CookValleyEstates.org)

Cook Valley Estates is part of Brio Living Services

Brio Living Services does not discriminate pursuant to the Fair Housing Act subject to any exemptions that may apply.

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